

Southside Community Center Adults 50+ Newsletter

Special Events

St. Patrick's Day Dance Thursday, March 15, 2018

1:30p.m. to 3:30p.m.

Join us for our St. Patrick's Day Dance at Southside Community Center. The event will feature the Velvet Swing Big Band. The Senior Advisory Council will sponsor the event.

St. Patrick's Day Luncheon and Celebration Friday,

March 16, 2018 10:00a.m. to 1:00p.m.

For our St. Patrick's Day Celebration we will have the Dazzling Divas performing. Come and enjoy the festivities. Please do not forget to sign up for the meal. The meal for the day is:

- ◆ Corned Beef
- ◆ Whole Wheat Rye Bread
- ◆ Boiled Red Potatoes
- ◆ Steamed Cabbage and Carrots
- ◆ Fresh Fruit in Season
- ◆ Lime Gelatin

Spring Luncheon Friday, March 23, 2018 10:00 a.m. to 1:00 p.m.

We will have our two Spring celebrations the first being lunch on Friday, March 23, 2018. Our second event will take place on Thursday, March 29, 2018 is described below. There will be a meal provided which is:

- ◆ Herbed Salmon
- ◆ Wild Rice
- ◆ Glazed Petite Carrots
- ◆ Spinach Salad w/ Cranberries
- ◆ Fresh Orange
- ◆ Carrot Cake

March: A month of exciting times

The St. Patrick's Day and Spring Luncheon isn't all that we have in store for March. Along with those fun holidays is our second part of the Spring celebrations. The Nightwind Band will be back on **Thursday, March 29, 2018, from 10:00 a.m. to 12:00 p.m.** by popular demand. We look forward to all of you attending. Please do not forget to sign up for the meal before the event date.



Contact

Front Office: 408-629-3336

Lunch Reservations: 408-629-9606

Address: 5585 Cottle Rd, San Jose, CA 95123

Center Closures

In observance of the Cesar Chavez Day, Southside Community Center will be **CLOSED** on the following date:

Friday, March 30, 2018

The center will **RE-OPEN** on Saturday, March 31, 2018.



SOUTHSIDE SENIOR PROGRAM INFORMATION & SERVICES

- ◆ We will also have a few additional holidays to honor in March. The first one is Persian New Year on Wednesday, March 21, 2018, and the second holiday is Greek Independence Day on Thursday, March 22, 2018.
- ◆ We will have Jaye Phillips from the City of San José coming to speak to the participants and ask what programs and services you would be interested in having at Southside Community Center.
- ◆ If you are interested in having some new visitors or presenters here to come and talk during the Senior Nutrition Program time, please contact Recreation Specialist, Dustin Gordon, in the front office.
- ◆ How would you like to be a leader at Southside Senior Community Center for the Senior Advisory Council? We will be having our elections during the month of June and definitely would like to have a full council group to lead Southside Senior Community Center.

Southside Senior Advisory Meeting

Second Wednesday of the month at 1:00p.m.

Join us at our monthly Senior Advisory meeting to get the latest news and updates in senior programs!

Thursday Dances

Every Thursday from 1:30p.m.—3:30p.m.

Do you love dancing!? Come join us Thursday afternoons for fun, joyous friends and music to get you moving! Don't forget your dancing shoes! Only \$1!



Bingo!

Every Tuesday at 1:15p.m.

Join us Tuesdays for bingo fun!!

You'll get free snacks, door prizes and play memorable bingo games. Payouts for regular games are \$90 and \$140 for Blackout.

Bingo packs are sold for \$6 per pack (all 10 games) and daubers are sold for \$1 each.



Bring your friends and come have some fun!!

Volunteers Needed!!!



Are you interested in becoming more involved with your community? Do you have a special skill you would like to teach others? If so, please contact Dustin Gordon at the front office!



March

Suggested contribution is \$3.00 for 60+ and required contribution of \$8.00 for all 59 and under

Lunch served @ 12pm Mon-Fri. Call (408) 629-9606 for reservations

Monday	Tuesday	Wednesday	Thursday	Friday
5 Oriental Shoyu Chicken Asian Brown Rice Asian Blend Stir Fry Vegetables Fresh Tossed Salad w/ Mandarin Oranges Fresh Fruit in Season	6 Cream of Broccoli Soup Roast Pork w/ Gravy Whole Wheat Roll Fresh Baked Potato Garlic Spinach & Onions Fresh Fruit in Season	7 Beef Stuffed Bell Pepper Whole Grain Bread Fresh Herbed Carrots Fresh Fruit in Season	8 Italian Fish Lemon Orzo California Blend Vegetables Marinated Cucumber, Tomato & Onion Salad Chilled Peaches	9 Lentil Soup Chana Masala Basmati Rice Roasted Cauliflower & Diced Carrots Fresh Garden Salad Fresh Apple
12 Fresh Carrot & Ginger Soup Stir Fry Sesame Pork Brown Rice Fresh Sautéed Cabbage Fresh Fruit in Season	13 Beef Meatloaf w/ Gravy Whole Wheat Roll Broccoli Spears Fresh Mashed Potatoes Fresh Fruit in Season	14 Macaroni Soup Tilapia Vera Cruz Spanish Brown Rice Fiesta Blend Vegetables Fresh Tossed Salad w/ Shredded Carrots Fresh Orange	15 Lemon Chicken Piccata Pasta Fresh Scalloped Tomatoes Fresh Herbed Zucchini Ambrosia Salad w/ Pineapple and Mandarin Oranges	16 St. Patrick's Day Luncheon Corned Beef Whole Wheat Rye Bread Boiled Red Potatoes Steamed Cabbage & Carrots Fresh Fruit in Season Lime Gelatin
19 Split Pea Soup Tandoori Chicken Basmati Rice Roasted Cauliflower Green Peas & Carrots Fresh Apple	20 Roasted Pork w/ Honey Apple Glaze Whole Wheat Roll Fresh Baked Sweet Potatoes Caribbean Blend Vegetables Fresh Fruit in Season	21 Waikiki Chicken White Rice Oriental Blend Vegetables Fresh Garden Salad Tropical Fruit	22 Corn Chowder Soup  Sloppy Joe's Baked Sweet Potato Fries Baked Beans Fresh Orange	23 Easter Celebration Herbed Salmon Wild Rice Glazed Petite Carrots Spinach Salad w/ Cranberries Fresh Orange Carrot Cake
26 Pork Posole Tostada Fresh Shredded Cabbage, Radish, & Hominy in Entrée Fresh Dill Cucumber & Onion Salad Fresh Orange	27 Fagioli Soup Lemon, Basil & Garlic Chicken Wild Rice California Blend Vegetables Fresh Carrots & Raisin Salad Fresh Whole Fruit	28 Beef Stew Cornbread Fresh Potatoes, Carrots & Onions in entrée Fresh Spinach Salad w/ Red Bell Peppers Peach Crisp	29 Vegetable Soup Chicken Marsala Pasta Broccoli Spears Fresh Garden Salad Fresh Apple	

3/5-3/9: Italian Chopped Salad (V) or Roast Beef Sandwich (M) or Black Bean Patty (H)

3/12-3/16: Orange, Beet & Quinoa Salad (V) or Tuna Sandwich (M) or Black Bean Patty (H)

3/19-3/23: Vegetable Wrap (V) or Chicken Barley Spring Salad (M) or Black Bean Patty (H)

3/26-3/29: Black Bean Orzo Salad (V) or Greek Chicken Pita (M) or Black Bean Patty (H)

SOUTHSIDE SENIOR PROGRAM UPCOMING INFORMATION

- ◆ Sign up as a 2018 Southside Community and Senior Center member! It only costs \$10 for the entire year, and it's a great investment. Your membership includes early registration dates, discounted tickets on events, and better rates on classes and programs. Membership is valid through December 31, 2018.
- ◆ We value your input and would love to hear what classes, programs, and services you are interested in having here at Southside Community Center. We look forward to hearing from you.
- ◆ The next field trip for the San José City Wide Field Trips will go to the Old Sacramento Railroad Museum and on a River Cruise on Thursday, March 22, 2018. Please remember to arrive early at your pickup location. To attend, please pre-register in person at your local community center or online at sjregistration.com

Choose your pick up location when you register:

Willow Glen Com. Center
2175 Lincoln Ave
Pick up: 7:30 a.m.

Camden Com Center
3369 Union Ave.
Pick up: 7:55 a.m.

Southside Com. Center
5585 Cottle Road
Pick up: 8:30 a.m.

For more information please contact Barbara Crum at 408-794-6867 or email her at barbara.crum@sanjoseca.gov



SAN JOSE
**PARKS, RECREATION &
NEIGHBORHOOD SERVICES**

